BEXLEY ADVISORY

BEXLEY DIRECTION ASSESSMENT · SAMPLE REPORT

Your direction *report.*

Student	Sarah R., 16 · Grade 11
State	New Jersey
School district	Westbrook Regional School District
School	Public high school · AP track
Strongest subjects	AP Biology, Chemistry, English
Languages	English; conversational French
Considering	US colleges first; open to the UK, Europe and Canada

Assessed	Student and parent questionnaires · 55 min, in 3 stages
Testing	Two real-world tests over one summer
Prepared by	Ayse Takhim, Founder & Principal
Includes	Direction Review after testing

STARTING PLAN

Pre-med at a US college, then medical school, because she is good at biology and her father is a doctor.

WHY NOW

AP and senior-year choices lock in spring. Her parents wanted to check the fit before a long, expensive path.

FAMILY'S QUESTIONS

Is medicine right for her? Which US colleges fit? Is it worth looking outside the US, and what would each option really cost?

01 — AT A GLANCE

Sarah is drawn to *finding out why*, and to people.

She is strongest where curiosity and care meet: investigating a problem that affects real people, with room to work independently. She is least comfortable with heavy rules, routine paperwork and a long wait before real responsibility.

Her three directions

DIRECTION	FIT	WHY, IN ONE LINE
1 · Public health & epidemiology	■■■■■	Investigation, impact on people, and independence early on.
2 · Health data science	■■■■□	Strong reasoning and curiosity; a fast-growing field.
3 · Psychology research	■■■□□	Fits her interest in people; longer path to stable work.

Doesn't fit yet

Clinical medicine. She loves the science, but the training's structure, hierarchy and long route to independence sit against her top values. Worth testing before committing, not ruling out.

Keep these subjects open

- Biology (higher level)
- Mathematics, including statistics
- Chemistry, to keep medicine possible
- A writing-heavy subject, such as English or History

DIRECTION REVIEW

After testing: **Public health — commit.** Medicine — change direction. Health data — keep as a second route.

02 — WHO SARAH IS

Her profile

Interests (Holland model)

Investigative Analyzing, researching		86
Social Helping, teaching		78
Artistic Creating, expressing		52
Enterprising Leading, persuading		44
Realistic Building, hands-on		38
Conventional Organizing, procedures		22

Personality (Big Five)

Openness Curiosity, new ideas		84
Agreeableness Warmth, cooperation		74
Conscientiousness Organization, follow-through		68
Emotional steadiness Calm under pressure		61
Extraversion Energy from others		47

Scores are 0–100, compared with students her age. A mid score is not a weakness.

What matters most to her

1. Independence — deciding how to do her work
2. Helping people, in ways she can see
3. Learning and discovery
4. Variety from week to week

... Status ranked last of twelve

How she works best

- Long stretches of focused work, then a team discussion
- Problems without one right answer
- Clear goals, freedom on method
- Drained by repetitive admin and strict hierarchy

HER PARENT'S VIEW

"Always asking why. Happiest when she's figuring something out for someone else." Matches her own answers closely.

03 — DIRECTIONS THAT FIT

Where she's *likely to thrive*

1 · Public health & epidemiology

STRONGEST FIT

WHY IT FITS
Combines her top interests, investigating and people, with early independence on research projects.

A TYPICAL WEEK
Analyzing data on an outbreak or a health program, writing up findings, working with doctors and local teams.

HOW IT'S CHANGING
Growing demand; AI speeds up the analysis, so judgement and communication matter more.

2 · Health data science

GOOD FIT

WHY IT FITS
Strong reasoning and openness. Keeps the health purpose she cares about.

A TYPICAL WEEK
Building models from hospital or research data, testing them, explaining results to non-specialists.

WATCH FOR
More time at a screen and less with people than she may want. Worth testing.

3 · Psychology research

POSSIBLE FIT

WHY IT FITS
Her interest in why people do what they do, and her warmth.

A TYPICAL WEEK
Designing studies, running interviews or experiments, analyzing results.

WATCH FOR
A long, competitive path to stable work, usually through a PhD.

Doesn't fit yet · Clinical medicine

TEST BEFORE COMMITTING

She enjoys the biology, and the family connection is real. But medicine asks for years of strict structure and routine before independence, and ranks high on the things she values least. That doesn't rule it out. It means she should see the day-to-day work before choosing it.

04 — TESTING IT FOR REAL

Six weeks of testing, *and what it showed*

DIRECTION	WHAT SHE DID	WHAT SHE SAID
Medicine	A week shadowing doctors on hospital wards, with time on rounds and in clinic; conversations with two junior doctors about training.	*"I liked the patients. I did not like the ward."*
Public health	Two weeks with her county health department's vaccination outreach team; a call with an epidemiologist that ran fifty minutes over; a data project on local vaccination rates.	*"I'd do this for free."*
Health data	An online statistics course over three weeks and a small data project of her own.	*"Good, but I missed talking to people."*

DIRECTION REVIEW · VERDICT

Public health	Health data	Medicine
COMMIT	SECOND ROUTE	CHANGE DIRECTION

What this means for university

Knowing her direction lets her apply with confidence at home and abroad. In the US, she can choose colleges with a strong public health major from day one. Outside the US, systems that ask students to choose a subject at 17 now work in her favor: three-year degrees in the UK and the Netherlands, many taught in English and often at a lower total cost.

SHORTLIST IDEA
Public Health major, US college
4 years · close to home

SHORTLIST IDEA
Population Health, UK
3 years · apply at 17

SHORTLIST IDEA
European Public Health, Netherlands
3 years · taught in English

Full comparison of costs, entry requirements and deadlines comes with University Selection.

05 — NEXT STEPS

The next twelve months

WHEN	STEP	WHO
This term	Confirm subject choices: Biology, Maths with statistics, Chemistry, English.	Sarah & school
Spring	One public-health activity she can talk about: a summer course, a research project or volunteering.	Sarah
Summer	University Selection: 8 to 12 universities across the US and abroad, with costs side by side.	Bexley & family
Autumn	Applications: US Early Action and Regular Decision, UCAS for the UK, and direct applications in the Netherlands.	Sarah, with support

Fast-growing fields close to her direction

Roles that barely existed ten years ago, worth keeping an eye on:

Health data analysis · Digital health · Climate and health · Health policy · Mental-health research · Biostatistics

How to read this report

This report is built on established research in career and personality psychology, the Holland interest model used by the US Department of Labor and the Big Five personality model, and on US Department of Labor occupation data. It is a structured assessment, not a validated psychometric test. It doesn't measure intelligence or predict success. It's a starting point for a conversation, and it should be checked against real experience, which is why every report ends with testing.

"Most children show you what they're built for long before they can tell you."

Ayse Takhim · Founder & Principal, Bexley Advisory

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